



**OXSHOTT DENTAL**  
EST 1986

## Boutique Tooth Whitening

### What is Boutique Tooth Whitening?

Boutique Tooth Whitening is a safe and effective way to enhance the brightness of your smile. It is a professional teeth-whitening system that can significantly lighten the shade of your teeth involving the use of a customized whitening gel that is applied to your teeth using specially designed custom-made trays.

Boutique Whitening has been designed to fit in with your lifestyle. Now you can whiten your teeth, your way. Boutique By Day, works with only 1 hour wear time per day. Alternatively, you can choose Boutique By Night and whiten your teeth as you sleep.

### Benefits of Boutique Tooth Whitening:

- Professional-grade whitening for optimal results.
- Customized treatment plan tailored to your needs.
- Minimal sensitivity due to the use of desensitizing agents in the gel.
- Convenient at-home application.

### How Does it Work?

1. **Consultation:** Before starting the whitening process, you will have a consultation to determine if you are a suitable candidate for tooth whitening.
2. **Impressions:** If deemed appropriate, we will take impressions of your teeth to create custom-fitted trays.
3. **Customized Trays:** Based on your impressions, trays will be made to fit your teeth precisely. These trays ensure even distribution of the whitening gel.
4. **Whitening Gel Application:** You will be provided with a high-quality whitening gel to apply in the comfort of your home. Your dentist will guide you on how much gel to use and for how long.

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5. **Treatment Duration:** The duration of treatment varies, but most patients achieve noticeable results within a few weeks.

#### Aftercare Tips:

- Avoid consuming highly pigmented food and drinks (such as coffee, red wine, and berries) immediately after the treatment.
- Maintain good oral hygiene practices, including regular brushing and flossing.
- Attend follow-up appointments as recommended by your dentist

#### Possible Side Effects:

Some individuals may experience mild sensitivity. This is usually temporary and can be managed with desensitizing agents provided with the whitening gel. Individual results may vary, and the effectiveness of tooth whitening depends on various factors, including the initial shade of your teeth and adherence to the treatment plan.

Thank you for choosing Oxshott Dental for your tooth-whitening needs. We look forward to helping you achieve a brighter, more confident smile!

# BOUTIQUE WHITENING

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