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Intravenous (IV) Vitamin Infusion Therapy

What is IV Vitamin Infusion Therapy?

IV vitamin infusion therapy is the key to your personal wellbeing. Sometimes known as 'IV Nutrition Therapy' or 'Drip Therapy', it is a fast, effective and scientifically proven way to administer those essential minerals and vitamins to your body directly via the bloodstream. Oral supplements are absorbed in the gastrointestinal (GI) tract and pass through the liver, therefore significantly reducing the bio-availability of the nutrient. Our bodies are only able to absorb 10-30% of the product contained within the supplement.

Intravenous vitamin therapy bypasses GI tract absorption and biotransformation in the liver allowing for 100% bio-availability of the administered essential micronutrients.

What are the possible benefits of IV Vitamin Infusion Therapy?

Whether you're in need of an energy boost or want to experience an increased sense of wellbeing, we offer a range of Vitamin packages tailored to your individual needs. With 100% bio-availability and higher concentrations you are likely to experience faster desired results.

Benefits to treatment can include:

- Increased energy
- Strengthening of the immune system
- Detoxification of the liver and cells
- Improved mental focus and clarity
- Improved quality of sleep
- Reduce the effect of stress
- Reduce muscle and joint discomfort
- Improved appearance of the skin
- Slow the ageing process

How do I know if I need IV Vitamin Infusion Therapy?

Due to our demanding lifestyles and environment, we may need extra support in creating harmony within the body.

As we age Vitamins are harder to absorb due to a reduction in acid production. Overtime, our diets have changed, meaning the plant-based foods many of us are eating aren't rich in the essential nutrients and vitamins needed to create a balanced lifestyle and well-being.

Vitamin deficiencies can include the following symptoms:

- Tiredness / Fatigue
- Muscle and joint pains
- Dry Skin, Brittle nails and hair

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- Insomnia
- Memory loss / Forgetfulness
- Mental sluggishness
- Mouth ulcers
- Bleeding / inflamed gums
- Coated tongue
- Irritability

How often can I have Treatment?

Vitamin Infusion Therapy is most effective when taken at regular intervals. We recommend once fortnightly or once a month. A regular injection schedule can be tailored to suit your specific individual needs.

Vitamin B12 Injections can be administered in combination with your IV infusion treatment.

How long does the treatment process take?

Following a consultation including a full review of your medical history and suitability to treatment, appointment times range from 30-60minutes.

What do I need to prepare for the appointment?

The treatment is given via intra-venous cannulation in the arm. It is therefore advisable to attend your appointment wearing suitable clothing to allow access to the treatment area.

Are there any Contra-Indications to treatment?

A thorough consultation including a full review of your medical history and suitability to treatment will be taken.

If you have any of the following you may be unsuitable for treatment:

- Pregnancy or breastfeeding
- GóPD Deficiency Haemolytic Anaemia
- Myasthenia Gravis

Are there any side effects to treatment?

Common short term side effects may include but are not limited to:

- Discomfort and bruising at the injection site
- Frequent urination
- Discoloured urine
- Vitamin C treatment may cause a slight acidic taste and drop in blood sugar temporarily so a glucose drink post treatment is advised.